

**Each time in the morning**  
**Experience of Christ—As Food and Drink**

The musical score is written in 3/4 time with a key signature of two flats (Bb and Eb). It consists of four staves of music. The lyrics are written below the notes. Chord symbols (Bb, Dm, Eb, F) are placed above the notes. The lyrics are: "1. Each time in the morn - ing, a while be - fore dawn To You, Lord, I whis - per a praise or a song, And feel Your life stir - ring so deep with - in me— My cup run - neth o - ver with joy!"

2. And then at the moment my heart turns to Thee,  
 The eyes of my spirit Your presence can see;  
 While all is so fresh and the sunlight breaks through—  
 My cup runneth over with joy!
3. And when at the noontime I'm hungry and worn  
 And feel that the cares of this world have me torn,  
 You come as my haven, my rest, and my food—  
 My cup runneth over with joy!
4. And then in the evening when my thoughts are free,  
 Remembr'ing that You, Lord, still dwell within me,  
 This sweet fact releases a river in me—  
 My cup runneth over with joy!